Aelius Galenus – Galen

The Greatest Physician from Roman Antiquity. Galen was both a physician and a philosopher. According to him, "the Best Physician is also a Philosopher. Although surpassed by Aristotle in the realm of philosophy and understanding of the human person, Hippocrates seems to have intended by this statement that a successful practitioner should also be an astute observer of human nature – that physical health is intimately connected to mental health and sociability.

Although, a great medical theorist, like Aristotle, Galen insisted on keen empirical observation as well. Galen's treatise *On the Natural Faculties* is a is a continuation of medial theory and practice from the Greek physician Hippocrates and onward to medieval and then early modern practice.

Aristotles Ethics

Nichomachean

After studying the human soul and its powers and operations, Aristotle proceeds to a study of human actualization, which requires growth in moral and intellectual virtue necessary to pursue happiness and the fullness human development. A must read for all students of politics and social/behavioral

Aristotles Politics and Poetics

After the study of ethics, Aristotle introduces his students to the study of politics. In this book he lays out the nature of government, the various types of government, reasons for their success and for thier vitiation. He also presents his classical argument for the best type of polity (monarchy, democracy, aristocracy, et al).

Boethius: The Consolation of Philosophy

One of the single greatest influences on Christianity in the Middle Ages and the last great work of Classical Antiquity bridging faith and reason across the ages. In prison Boethius deals with questions such as virtue, death, evil in the world, human nature justice and God in his conversation with "Lady Philosophy".

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Boethius: The Trinity is One God not Three

Boethius relies on human reason — philosophy — to discuss the mystery of the Holy Trinity. His views on the Trinity were adopted and expanded by Saint Thomas Aquinas who expanded the "Psychologcial Theory of the Trinity". A Great companion to Trintarian Humansim listed below.

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Christopher Henry Dawson (1889-1970) was a British historian and scholar known for his outstanding contribution to cultural history and the role of the Catholic Church in the formation of Christendom as well as its lessening, but nonetheless, enduring impact as a *tour de force* of world civilization. Dawson is rightly considered to be among "the greatest English-speaking historians of the 20th century".

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